

Strengths & Needs Assessment

Youth's Name: _____

Facilitator: _____

Initial Assessment Date: _____ or

Date Quarter 1: July _____

Date Quarter 2: October _____

Date Quarter 3: January _____

Date Quarter 4: April _____

Need – Areas where a youth requires help or intervention. Needs rated 2 or 3 indicate a serious need and should be carried over to become Plan of Care goals.

Strength – Youth's assets; areas in life where he/she is doing well or has an interest or ability. Absence of a strength is not necessarily a need, but an indication strength-building activities may be appropriate.

Why is the Strengths & Needs Assessment important?

This is a tool used to aid in the discovery of the family story. Since Council's Service Coordination process is family-focused and strengths-based, strengths and needs determined by using this tool are used as the cornerstone for developing the Plan of Care. Therefore the Plan of Care is developed in response to the youth's needs and strategies that identify and draw upon the strengths of the youth, family and community.

Instructions: For each life domain, use the scale to rate the highest level of strength or need from the past 30 days for the identified youth and family. Only fill-in as applicable, meaning not all ratings are required to be filled-in. Reassessments due every quarter (July, October, January & April, regardless of referral date) or more frequently as needed to ensure the assessment is reflective of youth's present circumstances.

Behavioral & Emotional						
<i>Youth's behavioral and emotional needs, as well as mental health and well-being (depression, anxiety, impulsivity/hyperactivity, anger control)</i>						
Rating		Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists				
1	History or Suspicion	Monitor/collect more information, preventative activities needed				
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way				
3	Disabling, Dangerous	Immediate/intensive efforts are needed				
<i>*Provide specific details regarding Behavioral & Emotional ratings of 1, 2 or 3</i>						
Q1						
Q2						
Q3						
Q4						

Child Risk Behaviors					
<i>Actions that can get youth in trouble or put them in danger of harming themselves or others (self-injurious behavior, intentional misbehavior, fire-setting, sexting, suicide risk, danger to others, runaway, judgement, social behavior)</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Child Risk Behaviors ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Child Strengths					
<i>Global view of youth's strengths and needs, such as friendships, talents/interests, optimism, problem solving skills, resiliency, natural supports, parental/caregiver relationship</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	Centerpiece Strength	Strongly suited to organize strength-based plan around			
1	Useful Strength	Strength exists, include in strength-based plan, just not as centerpiece			
2	Identified Strength	Strength not immediately useful, may require strength building efforts			
3	No Evidence	No strength identified			
*Provide specific details regarding Child Strengths ratings of 0, 1, 2					
Q1					
Q2					
Q3					
Q4					

Cultural/Spiritual					
<i>Correlation between youth's culture and predominate culture in which they live (youth's moral, spiritual or religious beliefs, sense of values (what is right and wrong), language barrier)</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	Centerpiece Strength	Strongly suited to organize strength-based plan around			
1	Useful Strength	Strength exists, include in strength-based plan, just not as centerpiece			
2	Identified Strength	Strength not immediately useful, may require strength building efforts			
3	No Evidence	No strength identified			
*Provide specific details regarding Cultural/Spiritual ratings of 0, 1, 2					
Q1					
Q2					
Q3					
Q4					

Developmental						
<i>Intellectual, physical and/or development disabilities (autism, developmental delay, moderate intellectual disability)</i>						
Rating		Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists				
1	History or Suspicion	Monitor/collect more information, preventative activities needed				
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way				
3	Disabling, Dangerous	Immediate/intensive efforts are needed				
Provide specific details regarding Developmental ratings of 1, 2 or 3						
	Q1					
	Q2					
	Q3					
	Q4					

Educational						
<i>School attendance, achievement, behavior (detentions or suspensions)</i>						
Rating		Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists				
1	History or Suspicion	Monitor/collect more information, preventative activities needed				
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way				
3	Disabling, Dangerous	Immediate/intensive efforts are needed				
Provide specific details regarding Educational ratings of 1, 2 or 3						
	Q1					
	Q2					
	Q3					
	Q4					

Family						
<i>Quality of relationships between youth and family members, family stress, natural supports</i>						
Rating		Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists				
1	History or Suspicion	Monitor/collect more information, preventative activities needed				
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way				
3	Disabling, Dangerous	Immediate/intensive efforts are needed				
*Provide specific details regarding Family ratings of 1, 2 or 3						
	Q1					
	Q2					
	Q3					
	Q4					

Financial					
<i>Adequate financial means to meet activities of daily living, monthly expenses and emergencies</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Financial ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Insurance & Medical Home					
<i>Does the youth/family have medical insurance, primary care physician and access to other healthcare providers (mental health, dental, vision)?</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Insurance & Medical Home ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Juvenile Justice/Legal					
<i>Involvement with the legal system, such as custody, adjudication as delinquent or dependent, prior arrests, pending charges, probation, incarceration or placement in juvenile facility</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Juvenile Justice/Legal ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Life Functioning/Independent Living					
<i>Functioning in various aspects of daily living, such as family functioning, living arrangements, social functioning (getting along with others), sleep, money management, cooking, transportation, addiction (gaming)</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Life Functioning/Independent Living ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Medical					
<i>Health problems, chronic/acute physical conditions</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Medical ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Recreational					
<i>Access to and use of leisure time activities (independent, school-sponsored, church and community activities)</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Recreational ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Substance Abuse					
<i>Substance use, such as alcohol, tobacco, caffeine, illegal drugs, inappropriate use of prescription medications, inhalation of any substance for recreational purposes</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Substance Abuse ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Trauma					
<i>Exposure to potentially traumatic events or adverse childhood experiences, such as witness to or victim of physical abuse, sexual abuse, psychological abuse, neglect, domestic violence, traumatic loss, medical trauma</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Trauma ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Vocational/Employment					
<i>Skills that could be applied to vocation (volunteer experience, internships, work experience); work readiness; interview and job search skills; work-place social, communication and safety skills; task analysis; career choice</i>					
Rating	Action	Q1	Q2	Q3	Q4
0	No Evidence	No need exists			
1	History or Suspicion	Monitor/collect more information, preventative activities needed			
2	Interferes with Functioning	Action needed; need is problematic & interfering in life in a notable way			
3	Disabling, Dangerous	Immediate/intensive efforts are needed			
*Provide specific details regarding Vocational/Employment ratings of 1, 2 or 3					
Q1					
Q2					
Q3					
Q4					

Parental/Primary Caregiver Engagement					
Check One	Check One	Check One	Check One	Engagement Level	Description
Quarter 1	Quarter 2	Quarter 3	Quarter 4		
				Responsive	<i>Participating in team meetings and frequent contacts with facilitator</i>
				Present Engagement	<i>Participating in program requirements* half of the time</i>
				Non-Responsive	<i>Participating in some program requirements,* but not actively working on goals</i>
				Unwilling/Unengaged	<i>Continued refusal to offered supports and no follow through with program requirements*</i>

*Program requirements include, but not limited to team meetings, interventions for agreed upon goals, completion of assessment tools, participation in funded services.